

Policy Statement

Career Development Pathway (CDP) Exemption

Description:

This policy sets out circumstances and requirements members must satisfy to receive exemption from either SDA's Sports Nutrition Course or 2 years clinical experience.

Date first decided:

2010

Background:

In 2008, SDA implemented a Career Development Pathway (CDP) was developed to assist members in attaining the highest levels of qualification available in sports nutrition. The aim of the pathway is to recognise different levels of qualifications and experience that exist within SDA, and to equip members with continuing education and professional development opportunities and resources to provide state-of-the-art sports nutrition information to all Australians. Members are required to accrue a minimum 250 CDP points every 3 years to achieve Accredited Sports Dietitian status, and 1500 CDP points every 3 years to achieve Advanced Sports Dietitian status.

From 1 July 2010, SDA's CDP moved to Phase 2, the activation of compulsory membership criteria. Members who did not upload activities and accrued the required 250 CDP point target from both Professional Development (100 points minimum) and Professional Experience (100 points minimum) to maintain their Accredited Sports Dietitian level, were moved to Associate membership.

To be an SDA Accredited Sports Dietitian, members must meet the following four criteria:

1. 2 years clinical experience from graduation date
2. Completion of SDA's 4 day Sports Nutrition Course (NB: you cannot accrue points for the SNC)
3. APD member of DAA
4. Minimum 250 CDP points

From time to time, members will seek exemption or special consideration from the pre-requisites outlined above. In the case a member has undertaken significant further learning or has gained considerable sports nutrition experience, exemption maybe granted for either 1 and/or 2 of the above listed pre-requisites. No exemptions will be made for being an APD member of DAA (3) or the minimum CDP point requirement (4).

Purpose:

The purpose of the CDP Review Panel is to review applications received from members requesting to be exempt from compulsory pre-requisites to become an Accredited Sports Dietitian. The panel will provide transparency and objectivity to the review process.

Panel members will be SDA Fellows, selected from the Scientific Review Panel, and senior SDA board members.

Application Process

The key criteria outlined below, will provide guidance to the CDP Review Panel in making decisions as to whether members have gained sufficient practical and academic experience to be exempt. To be considered for exemption, a member will need to lodge a formal application that includes a letter to the review panel documenting their experience and achievements, and an excel spreadsheet outlining their logged CDP activities. The review panel will be established by SDA to assess the merits of each application.

Key Criteria

The following will be considered by the review panel when assessing exemption applications from members.

1. Exemption: 2 years clinical experience from graduation date

To be exempt from having two years clinical experience as a dietitian, you need to outline your experience in working with athletes and/or sporting teams gained prior to you qualifying as a Dietitian. Consideration will be made in the case you have worked in the fitness industry and/or consulted with athletes prior to undertaking a dietetic degree; or you have had significant experience in working with athletes and or sporting teams during your dietetic degree. Specific experience will need to be carefully documented in order for exemption to be made. You will need to clearly demonstrate that you have worked independently when advising athletes and/or sporting teams during this time.

Mandatory

If exemption is granted for the minimum 2 years clinical experience, you are still required to fulfil all other remaining pre-requisites in order to achieve Accredited Sports Dietitian status.

2. Exemption: from SDA 4-day sports nutrition course

To be exempt from undertaking the SDA 4-day sports nutrition course, you need to outline activities that demonstrate your academic and practical experience in sports nutrition that would otherwise be covered within the 4-day SDA course. The following academic and practical activities provide examples of the types of activities that would support your case to be exempt from the SDA 4-day sports nutrition course.

Academic activities undertaken:

Completed university sports nutrition subject – undergraduate and/or postgraduate
Completed Masters and/or PhD in sports nutrition related topic
Completed 3rd party sports nutrition course (i.e. IOC Diploma in Sports Nutrition, Masters in Sports Nutrition)

Practical activities undertaken:

Lectured sports nutrition course and/or topics at tertiary level
Minimum 3 years practical experience working in sports nutrition
Consulted to sporting team(s)
Mentored peers in the area of sports nutrition

Mandatory

If exemption is granted for undertaking the 4-day sports nutrition course, you are still required to fulfil all other remaining pre-requisites in order to achieve Accredited Sports Dietitian status.

Related Documents:

Expert Panel_Policy

P: 03 9926 1336 **Policy Reviewed/Revised:**
F: 03 9926 1338 11/10/12 – reviewed. Minor wording amendments made (EO)

E: info@sportsdietitians.com.au
W: sportsdietitians.com.au

A: Level 2, 375 Albert Road,
South Melbourne VIC 3206