

SDA Sports Nutrition Course

Course Venue & Accommodation

Course Venue

Gold Room, Conference Centre
Australian Institute of Sport (AIS)
Leverrier Crescent
Bruce ACT 2617
AUSTRALIA

Accommodation

Options are available at the **AIS Residences** subject to availability:

- Single room (shared bathroom & lounge area) – approx. \$110/night including meals at AIS Dining Hall
- Flat (sleeps up to 4 with own bathroom, lounge, kitchen area) – approx. \$230/night including meals at AIS Dining Hall.

<https://experienceais.com/stay-ais/rooms-amenities-main>

To book with AIS Residences email reservations@ausport.gov.au or phone 02 6214 1995 with your request and they will get back to you on availability.

Please note **accommodation is limited** at the AIS so you are encouraged to book ASAP in order to secure a room

When booking with AIS, you must let Residences know that you are with the SDA group.

If booking a flat on behalf of yourself and others, you need to advise AIS of the names of all people staying in the flat.

Other Options

The following motels are possible alternatives you may wish to consider (but note they are not officially endorsed by SDA)

YMCA Bush Capital Lodge www.bushcapitalodge.com.au/	15 minute walk along bike paths through bushland
Belconnen Premier Inn http://www.premierhotelcbr.com.au/	4.5km walk/drive

P: 03 9926 1336

F: 03 9926 1338

E: info@sportsdietitians.com.au

W: sportsdietitians.com.au

A: Level 2, 375 Albert Road,
South Melbourne VIC 3206

Previous participants have stayed at the [Novotel](#) which is a short 10min drive to the AIS and others have also been happy with accommodation they have booked through [Airbnb](#).

Further accommodation options can be found on the following websites (and various other sites as well).

www.wotif.com.au

www.lastminute.com.au

How to get there

The AIS is located 25 minutes from Canberra Airport and 10 minutes from the city centre. You can get taxis or buses from the Airport to the AIS. Check with the information desk at the airport for times and cost.

Here is a link to a map of Canberra, surrounding suburbs and the airport to give you some context of locations – [Google Maps - Canberra - AIS](#)

For any course administrative enquiries please contact the SDA office:

t 03 9699 8634

e courses@sportsdietitians.com.au