



Mocha Protein Balls

Makes 18
Per serve
8g Protein
10g Carbohydrates
10g Fat

Ingredients

- 1 cup almonds
- 1 cup cashews
- 1 cup roasted peanuts
- 5 medjool dates
- 2 scoops (60g) [True Protein Vegan85 in Coffee Mocha](#)
- 2 espresso shots (I used 2 x Nespresso pods)
- 3 Tbsp cacao nibs

Method

1. Add the nuts to a food processor and process for a couple minutes, scraping down the sides occasionally. The nuts should form a fine flour and be almost ready to form a nut butter.
2. Add in the dates, protein and espresso shots and process for a minute until the batter is well combined and sticky.
3. Add in the cacao nibs and blitz until combined. The batter should be moist and sticky.
4. Form into balls and store in the fridge.

ABOUT:

Looking for a quick energy boost? These delicious protein balls pack a double punch with the caffeine from coffee shots and hit of protein with Coffee Mocha Vegan 85.