

Position Description – Non-Executive Director (Non-Member, appointed)

Duties of Directors

Role	Non-Executive Director	
Reports to	President	
Location	Australia	
Company Overview	Founded in 1996, Sports Dietitians Australia is the peak body for sports dietitians in Australia. SDA provides the credential for dietitians to specialise in the practice of sports nutrition, a credential that is regarded both in Australia and overseas. SDA has 580 members who work in settings ranging from elite level through to grass roots sports. SDA has a turnover of ~\$450,000pa with the primary sources of revenue being membership, education and select sponsorship arrangements.	
Current Board	Please see Appendix 1 for the current Board members and their bio information.	
President	Gaye Rutherford, Accredited Sports Dietitian	
Vice President	Dom Condo, Accredited Sports Dietitian	
Company Secretary	Alex Marzella (Appointed Director)	

The role of the board

- Develop and advocate the purpose, vision, mission, values and objectives of SDA, and ensure they are supported by strategic and operational plans.
- Assist the EO to carry out the strategic imperatives of SDA, providing the necessary professional support he/she needs in doing so.
- Develop policies and controls that ensure the responsible operation of SDA and compliance with statutory and fiduciary obligations.
- Ensure SDA has adequate financial resources and infrastructure to carry out its operations, and that these are managed effectively and efficiently.
- Continually monitor the performance of SDA to ensure stakeholder value through the achievement of objectives.
- Evaluate the performance of the Board itself, its Committees and that of the EO.
- Ensure SDA is sustainable and self-sufficient through succession planning.

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The role & responsibilities of directors

- SDA seeks to appoint a non-executive director.
- The role requires attending approximately 8 Board meetings, an annual 2-day strategy weekend (usually held in Melbourne) and serving on at least one Board committee or project each year. Some interstate travel is anticipated if residing outside of Melbourne.
- The role may require attendance in monthly conference calls for management/financial reporting and general compliance issues.
- Be informed about and committed to SDA's vision, strategic goals, policies and programs.
- Review the agenda and supporting materials prior to Board, and Project meetings.
- Monitor SDA's budget and financial performance to ensure solvency, financial strength and good performance.
- Offer to take on special assignments of the Board or a particular project.
- Participate in planning sessions and attend SDA functions.
- Meet with or be available to the EO out of session if required.
- Ensure all approaches made on behalf of SDA, either in business and/or social settings, are within agreed strategies and follow agreed policies and procedures.
- Identify potential Board or project members and assist with recruitment if required.
- Participate in self-evaluation on an annual basis with the President of the Board and EO.
- Directors must disclose any matters relating to SDA in which he/she has a material personal interest or potential conflict of interest.
- Directors must at all time act honestly, in good faith, and to the best of his/her ability in the interests of SDA (fiduciary responsibility).

Competencies & skills (role related)

- **Financial/Accounting credentials** university level qualifications in commerce, economics or business management, post-graduate credentials
- Accounting and finance experience exemplary ability to read and comprehend the company's accounts, financial material presented to the board and financial reporting requirements
- **Demonstrated extensive commercial experience** areas of particular interest include one or more of the following: advocacy, marketing, partnerships/fundraising, legal.
- **Risk Management** experience in managing areas of major risk management to the organisation
- **Strategic expertise** the ability to review the strategy through constructive questioning and suggestion and contribute to the effective decision making of the board
- Knowledge of a director's responsibilities includes an understanding of the role as well as the legal, ethical, fiduciary and financial responsibilities
- Experience/knowledge of the sports industry (desirable)
- Not for profit experience (desirable)
- **Prior Board experience** (desirable)
- Legal the Board's responsibility involves overseeing compliance with numerous laws as well as understanding the individual director's legal duties and responsibilities (desirable);
- Managing people and achieving change experience in current management thinking on employment, branding, engagement, strategic vision and stakeholder communication; experience in executive remuneration and compensation (desirable)



Purpose: Empowering you to take performance to the next level Vision: To be the leaders in health & performance through sports nutrition Mission: To enhance performance and health of all by supporting, educating and advocating the role of sports dietitians

Experience in leading teams (desirable)

Competencies (personal attributes)

- **Integrity** fulfilling a director's duties and responsibilities, acting ethically, appropriate independence, putting the organisation's interests before personal interests;
- Collaborative yet curious and courageous a director must be able to function as an effective team member but also must have the curiosity to ask questions and the courage to persist in robust discussions with management and fellow board members where required;
- Emotional intelligence as well as self-awareness and self-management, a director needs to demonstrate empathy manifested through strong interpersonal skills. A director must work well in a group, listen well, be tactful yet able to communicate in a cogent and candid viewpoint;
- **Commercial judgement and instinct** a director needs to demonstrate good business instinct and acumen, and be able to assimilate and synthesise complex information;
- Active contribution a director needs to be a motivated and active contributor with genuine interest in the company and its business.
- Invested in the growth of SDA.

Key Performance Indicators

- Number of Board and project meetings attended (>90% attendance & timely access to board papers prior to meetings)
- Level of contribution at Board and project meetings
- Number of opportunities/'leads' brought to SDA
- Delivery against agreed Projects from Board Planning meeting
- Representing and adhering to SDA values at all times.

Remuneration and benefits

- The role is voluntary however travel and related expenses are covered by SDA, ie Board members will be reimbursed for expenses incurred as a result of executing SDA business.
- Access to professional development as determined from time to time.

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Current Board

*position open for re-nomination at 2022 AGM ^ stepping down October 2022

Board Member	Qualifications	Current Roles	
Gaye Rutherford (President)	Bachelor of Arts (Hons), Bachelor of Nutrition & Dietetics (Hons), IOC Diploma (Sports Nutrition), Prof Certificate (Pos Psych), AICD, AccSD, APD	 Tasmanian Institute of Sport Consultant Dietitian Gymsports Tasmania Consultant Dietitian Team Dietitian, Tokyo Paralympics 2020 Private Practice Dietitian Director, Fairbrother Pty Ltd Chair, Fairbrother Foundation Casual Academic, Deakin University 	
Dom Condo* (Vice President)	BSc; Masters in Nutr & Diet; PhD; APD; AdvSD	 Senior Lecturer, Deakin University; Deputy Course Director, Deakin University Sports Dietitian - Richmond Football Club (AFL), Melbourne Boomers (WNBL) Dr Dom Consulting 	
Alex Marzella (Appointed – Finance, Company Secretary)	MBA, Bachelor of Engineering (Civil), Certified Practicing Project Director (CPPD)	 Cofounder & Director IDEE Group Previously: GM-Portfolio Head – Telstra Head of Project Management - Coles Business Portfolio Manager/Project Director Wealth Management – AXA Asia Pacific 	
Ali Disher	BAppSc (Ex Phys), BHlthSc (Nut & Diet), PhD (current), AdvSD, APD	 QAS QLD Rugby League Swimming Australia Private Practice Dietitian 	
Joanne Mirtschin^	B Health & Science (Nutr & Diet), AccSD, APD, GAICD	 Food Service Dietitian – AIS Board Member – PINES (Professionals in Nutrition in Exercise & Sport)_ 	
Chris Fonda	BSc (Ex&SportsSc); Master of Nutr & Dietetics; IOC Diploma (Sports Nutrition); Cert III & IV in Fitness; APD, AccSD	 Specialist Representative – Enteral Nutrition, Fresenius Kabi Australia 	
Sally Walker	BSc (Exercise Science & Nutrition) MSc (Nutrition/Dietetics and Exercise Rehabilitation) AdvSD, APD Grad Cert (Clinical Trials Research)	 Nutrition Section Lead at NSW Institute of Sport AOC Australian HQ Dietitian Tokyo 2020 	
Pip Taylor*	B.Sc (Human Life Sciences) MSc (Nutrition and Dietetics) IOC Grad Cert Sports Nutrition ASCA Lv1 AccSD, APD	 Pillar Performance Dietitian PT Consulting Principal Project Officer, Crown Land Strategy, Policy and Transformation (Projects and Partnerships) 	
Sally Anderson*	BAppSc (Ex Phys - Hons), Master of Nutr & Dietetics (Hons) AdvSD, APD	 Diving Australia Tennis Australia QAS Private Practice Dietitian 	
Paulo de Souza^ (Appointed)	PhD (Dr rer. nat.) MSc, BSc (Physics) FACS, MIEEE(Sr), GAICD	Dean (Research), Sciences Group (Southeast Queensland Region), Griffith University, Queensland	