

ABSTRACT SUBMISSION GUIDELINES

The event

SDA and the Conference Organising Committee are delighted to host the 2025 Conference held on **Sunday 16th November** and **Monday 17th November**, in Melbourne, Victoria.

We have assembled a line-up of experienced and well-respected professionals to discuss key advancements in sports nutrition research that will influence sports nutrition practice and cultivate performance.

Submissions of abstract

The SDA 2025 Conference Committee invites the submission of abstract on original work relevant to sports nutrition. Abstracts can be submitted for consideration for an 8 min oral presentation and 2 min of questions (*pre-recorded presentations are an option for those unable to attend the conference in person*) or a hard copy poster. You will be asked to indicate all co-authors, but the presenting author should submit the abstract.

The following pages provide guidelines for Abstract submissions. Please don't hesitate to call the SDA office if you need any assistance or have any queries, otherwise we look forward to receiving your submission.

Important dates

Conference registration opens	1 May 2025
Abstract submissions open	1 May 2025
Early bird registration closes	30 June 2025
Abstract submissions Closing Date	13 July 2025
Authors notified	Late August 2025
*Late breaking Abstract submissions close	12 September 2025
*Late breaking Authors to be notified	Early October 2025
Conference registration closes	31 October 2025

**** Late-breaking abstracts are abstracts that contain new or important findings that were not available prior to the general abstract deadline. Late-breaking abstracts must not have been presented, accepted for presentation, or published in any other scientific venue. Late-breaking abstracts highlight novel and practice-changing studies.***

*****Please note that we will honour the early bird registration for submissions that have been accepted***

General requirements for abstracts

- All abstracts must contain original work that has not previously been reported.
- All abstracts must be prepared according to the guidelines provided.
- **Only one first author abstract submission and presentation, but unlimited co-author submissions. The submitting author must present the paper.**
- International submissions are encouraged. Presenters are not required to be located in Australia but must be able to present in English.

- The presenter will be required to register and pay for the conference to ensure their abstract is included in the final program and journal supplement– deadline for author registration is outlined in the table above.
- Oral presentations can be delivered in person or pre-recorded if attending the conference is not feasible.
- Abstracts will be reviewed by the SDA Conference Committee members.
- It is a requirement of all presenters that a biography (maximum of 150 words) is supplied at the time of abstract submission. This is for potential use by the chairperson in each session.

Submission

Please complete the Abstract Submission form online via the SDA Website. If you are experiencing problems or unable to complete the submission process online via the Conference website, use the template at the back of this document and email to mel@sportsdietitians.com.au

Format

Please keep in mind these points when preparing your abstract:

- Max. 350 words (excluding title)
- Use a clear & concise title that is limited to 130 characters
- Add all authors and affiliations with presenting author in **bold**
- Use text only and no images, figures, or graphs (for the submission)
- Must contain a brief **introduction** (the purpose of the research), **methods** (explanation on data collection and processing), **results** and **conclusions** (discussion and major findings). Please use appropriate headings for these sections
- Add 2-4 key words that represent the abstract topic
- References are not required
- Research must be completed

Evaluation criteria

The following criteria will be used to evaluate the submissions:

- Title
- Title Originality
- Is highly relevant to sports nutrition and sports dietetic practice and CDP
- Clearly states the problem
- Indicates aims or hypothesis of the research/paper
- Describes appropriate methods/methodology
- Describes relevant results/describes main findings
- Draws valid conclusions from results/findings
- Offers new data/knowledge or demonstrates innovation or has the potential to challenge/change current practice or foster professional debate
- Presentation of abstract (How well written)
- Comments on relationship or recommendation to practice where suitable/ Applicability of Research in Clinical Practice

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E: info@sportsdietitians.com.au

W: sportsdietitians.com.au

A: Sports House, 375 Albert Road,
South Melbourne VIC 3206

(If you're unable to complete the submission process online via the Conference website, feel free to use this form. Please complete one form per submission)

First name	
Surname	
Contact Ph	
Contact Email	
Affiliation (Educational Institution or Professional Practice Organisation)	
Abstract title (130 Characters Max)	
Authors list (authorship order)	
2-4 key words that represent the abstract topic	
Summary of Submission (max 350 words excluding title)	
Presenter bio (max 150 words)	

ABSTRACT TEMPLATE

Paper Title: *(130 Characters Max)*

Abstract text (*maximum 350 words*) should be contained within this text box. When submitting your abstract please ensure it contains a brief **introduction** (the purpose of the research), **methods** (explanation on data collection and processing), **results** and **conclusions** (discussion and major findings). Please use headings for these sections. Do not include authors / affiliations in the abstract document. Please ensure - it is under the 350 word limit (excluding title); it is in normal font: no bold, italic or capitalised text; it is text only and does not include images, figures or graphs; it is concise and uses less than 130 characters and spaces for its title; there are no references; it is submitted in MS Word format; it represents completed work; and the conclusion is not contrary to the results.

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